Helen Darling

Helen Darling is the former interim president and CEO of the National Quality Forum, a not-for-profit, nonpartisan, membership-based organization that works to catalyze improvements in healthcare.

She is the former president and CEO of the National Business Group on Health (formerly Washington Business Group on Health), a national non-profit, membership organization devoted exclusively to providing practical solutions to its employer-members’ most important healthcare problems, and representing large employers’ perspective on national health policy issues. Over 300 members, including 64 of the Fortune 100 in 2008, purchase health and disability benefits for over 55 million employees, retirees and dependents.

Darling leads the Business Group’s Institute on Health Care Costs and Solutions, which is devoted to finding practical solutions from a business perspective to the nation’s growing crisis of rapidly rising costs and affordability of care, on top of continuing problems of patient safety and quality. As president of the Business Group, Darling was named one of “100 Most Powerful People in Health Care” in the United States by Modern Healthcare from 2003 to 2007.

Darling received a Master's degree in demography/sociology and graduated cum laude from the University of Memphis with a Bachelor of Science degree in history/English.